



## How to ACCESS...

For probation referrals, young women must have a probation order that directs them to attend a full-time alcohol and drug treatment program. The order must be long enough to see them through the 6-month program. Access is province-wide.

To make a probation referral simply complete the referral package available at [www.plea.ca](http://www.plea.ca) or by calling: **604 541 1133**

and fax it, along with a copy of the youth's probation order, to: **604 541 2324**.

We also accept private referrals from parents, social workers, community-based addiction counsellors and other professionals. Access is nationwide.

Number for private referrals is **604 723 5041**.

“They give me hope”

Program Participant



## Daughters & Sisters

Addictions treatment for young women

### Who funds us

Probation referrals are funded by MCFD (Ministry of Children and Family Development) and are an alternative to custody.

### For more information

**PLEA Community Services Society of BC**

Bernie Agg Centre

3984 Commercial Street

Vancouver, BC, Canada, V5N 4G2

T: 604 871 0450

F: 604 871 0408

E: [info@plea.bc.ca](mailto:info@plea.bc.ca)

[www.plea.ca](http://www.plea.ca)



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## Daughters & Sisters

# Addictions treatment for young women



## WHO we serve...

### Daughters & Sisters

is a unique six-month residential treatment program that serves young women aged 12 to 18 whose substance use is problematic.



## WHAT we do...

The young women accessing Daughters & Sisters live with PLEA Family Caregivers in the community and participate in day, evening and weekend programming at our treatment centre in Surrey.

On average two youth live in each home. The Family Caregivers are members of our treatment team who support and reinforce what the youth learn while they are at the centre. They are also trained to support youth through detox, stabilization and the treatment process.

## WHY we do it...

At Daughters & Sisters we strive to increase each youth's self-esteem, physical and mental health; educational and vocational functioning and family and social functioning; and decrease their substance use, high-risk behaviours and involvement in criminal activities.

“ I appreciate the staff's level of compassion, resourcefulness and the amazing opportunities they create to allow for change and a safe place for teens.”

Referral Source

## How we work...

Programming is tailored to each youth's individual strengths, needs and circumstances.

It includes individual and group counselling, parent-teen mediation, teacher-supervised education, addiction awareness learning and practical life-skills.

A range of social, arts, cultural and recreational activities are integral components of the program and take place in the community.

A School District #36 teacher (Surrey) delivers the educational component.

We follow a strengths-based and culturally sensitive approach to treatment, and emphasize social learning and solution focused interventions to help the youth build the skills and competencies they need to live safe, healthy lives. Our model is gender-specific, addressing the learning styles and developmental needs of young women.

