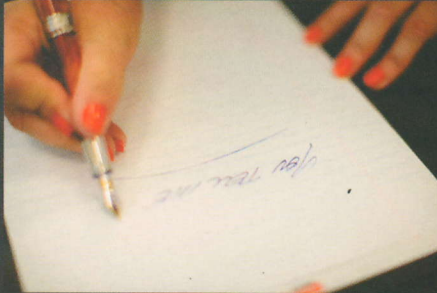# OUR SERVICES

Parenting Coordination
Family Forward - Reunification Therapy
Couples Counselling
Family Counselling
Individual Counselling
Child And Adolescent Therapy
Parent Education
Divorce And Separation
Mediation
Anxiety And Depression
Grief
Loss And Bereavement
Public Speaking And Workshops
Strategic Coaching
Cognitive Behavioural Therapy
Mindfulness Therapy

Marine Building
550 - 355 Burrard St.
Vancouver, BC
V6C 2G8
604-683-2551

Heritage Park Marketplace
C240 - 7871 Stave Lake St.
Mission, BC
V2V 0C5
604-826-0654

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## KATHLEEN OUELLETTE, MA, R.C.C, P.C.
### PARENTING COORDINATOR

**PUTTING CHILDREN FIRST**

## WHAT IS PARENTING COORDINATION?

Parenting Coordination is an alternate dispute resolution process whereby an impartial third person—the parental coordinator—
helps the parties implement their parenting plan by facilitating the resolution of disputes
between parents and/or legal guardians,
providing education,
making recommendations,
and, with the prior approval of the parties and court, making decisions within the scope of the court order of appointment.

## MY APPROACH

I view Parenting Coordination as a way parents can prioritize their children by reducing conflict. I take a child-centered focus, always keeping the children's best interests in mind and acting as their advocate.
Unfortunately, because children are not always completely honest with their parents for fear of hurting their feelings or getting in trouble, I allow children to contact me on their own initiative, generally without charge to the parents.
While, as a counsellor, I have had extensive experience in facilitating very adversarial co-parents in reaching consensus, that is not always possible through mere counselling. As a parenting coordinator, I am excited that my child development experience and team, can assist families out of deadlock with decisions that reflect the best interest of the child.

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